

Double Creamed 1000 2023

Type	Note	Dist	Next
📍	Start of route	0.0	0.0
✍️	DEPART: EASTON - 19 Berwick Rd   W16:00   121km to next CONTROL	0.0	0.1
➔	RIGHT @ T onto Stapleton Rd A432	0.1	0.3
←	LEFT @ TL along Stapleton Rd B4058	0.4	0.1
➔	RIGHT onto traffic island using drop curb, then cross onto SP opp	0.5	0.3
↑	RIGHT then LEFT xing Stapleton Rd remaining on SP	0.7	0.2
←	LEFT xing both Stapleton Rd & M32 on slip	0.9	0.1
➔	!!Join M32 exit slip at pedestrian xing!! then SO (2ex) @ RBT \$ M32 onto on slip then...	0.9	0.2
←	Imm fork LEFT onto Stapleton Rd B4058 - follow to A4174	1.1	4.4
↑	SO @ TL to HAMBROOK using cycle access !!Xing A4174!!	5.5	0.6

5.5 kilometers. +51/-19 meters

Type	Note	Dist	Next
←	LEFT (SO) on RH bend \$ Rudgey B4427 & motorbike test centre	6.1	1.5
↑	LEFT then RIGHT @ TL \$ Rudgey B4427. Xing B4057	7.6	5.7
↑	RIGHT then LEFT @ stg X \$ITCHINGTON. Xing B4059	13.4	1.7
←	LEFT on RH bend \$ GROVESEND	15.0	2.8
➔	RIGHT @ T \$ Gloucester A38 then...	17.8	0.1
↑	Imm SO @ TL along A38 - follow to Gloucester	17.9	28.3
←	LEFT (1ex) @ RBT \$ Gloucester A38	46.2	0.5
←	Fork LEFT \$ HARDWICKE & QUEDGELEY B4008 - follow to A38	46.8	3.1
←	Fork LEFT into bus lane imm before A38 junction	49.8	0.3
➔	RIGHT @ [x] after KFC	50.1	0.1
←	LEFT @ TL \$ Ross onto A430 - follow to A417	50.2	4.0

44.7 kilometers. +278/-312 meters

Type	Note	Dist	Next
←	LEFT \$ other routes onto !!A417 - dual carriageway!!	54.2	0.6
↑	SO (2ex) @ RBT \$ Ledbury A417 !!Xing A40!!	54.8	8.6
➔	RIGHT \$ UPTON ON SEVERN B4211 - follow to becoming A4104	63.5	17.2
↑	SO (1ex) @ mRBT \$ Malvern B4211 - follow to WORCESTER becoming B4424	80.7	12.3
➔	RIGHT (2ex) @ RBT \$ WORCESTER !!A449!!	93.0	0.9
↑	SO (2ex) @ RBT \$ WORCESTER (WEST) A449 !!Xing A4440!!	93.9	0.9
↑	SO (2ex) @ RBT \$ WORCESTER (WEST) B4206. 24hr Serv opp	94.8	1.5
↑	SO @ TL \$ Leominster	96.3	0.2
➔	RIGHT @ TL \$ city centre A44	96.5	0.1
←	1st LEFT into Henwick Rd B4206	96.6	1.2

46.4 kilometers. +330/-312 meters

Type	Note	Dist	Next
←	LEFT @ T along Henwick Rd onto A443	97.8	8.5
➔	Fork RIGHT (2ex) on LH bend \$ Stourport B4196	106.2	7.2
←	Fork LEFT \$ BEWDLEY B4194 - follow to	113.4	7.1
↑	LEFT (SO) @ T then...	120.5	0.0
➔	Imm RIGHT after clock onto B4190	120.5	0.2
←	Fork LEFT imm before bridge onto cobbles. Tesco on left	120.7	0.0
✍️	CONTROL: BEWDLEY [FREE] - collect receipt   Tu20:50-W01:06   100km to next CONTROL	120.7	0.2
←	LEFT into Dog Ln	120.9	0.2
➔	RIGHT @ T \$ KINLET B4194	121.1	7.5
➔	RIGHT \$ KINLET B4194	128.6	1.2
➔	RIGHT @ T \$ BRIDGNORTH B4363	129.8	14.7
←	LEFT @ T \$ TOWN CENTRE onto B4373	144.5	0.6

47.9 kilometers. +637/-621 meters

Type	Note	Dist	Next
↑	SO (1ex) @ mRBT	145.1	0.1
→	RIGHT (2ex) @ mRBT \$ TOWN CENTRE	145.2	0.1
↑	SO (2ex) @ mRBT into OWS	145.2	0.2
←	LEFT @ X \$ BROSELEY B4373 - follow to	145.5	9.4
←	Fork LEFT \$ BROSELEY along B4373	154.9	0.6
←	LEFT (1ex) @ mRBT into High St	155.6	0.2
↑	SO (1ex) @ mRBT along High St B3475	155.7	0.6
→	RIGHT \$ IRONBRIDGE imm after Benthall \$	156.3	1.2
!	!!SHARP RIGHT at bottom of descent!! then...	157.5	0.1
←	Imm LEFT xing The Iron Bridge !!Gate - dismount when xing if necessary!!	157.6	0.1
←	LEFT @ T \$NCN45 rejoining road	157.7	0.7
→	RIGHT (2ex) @ mRBT into Dale End	158.4	1.4

13.9 kilometers. +210/-224 meters

Type	Note	Dist	Next
→	RIGHT \$ Museum of Steel Sculpture into Cherry Tree Hill	159.8	0.7
←	LEFT @ T onto A4169	160.5	1.0
↑	SO (1ex) @ RBT \$ Much Wenlock A4169	161.5	0.4
→	RIGHT (3ex) @ RBT \$ Horsehay A5223	161.9	0.4
↑	SO (1ex) @ RBT along A5223	162.3	0.7
←	LEFT (1ex) @ RBT \$ LAWLEY A5223	163.0	0.9
←	1st LEFT into Stainburn Rd	163.9	0.6
←	LEFT @ T	164.5	2.7
↑	SO @ TL into Mill Bank. PH on left, xing B5061	167.2	0.4
→	Fork RIGHT on LH bend \$ Wrekin College	167.6	0.5
↑	SO (2ex) @ mRBT \$ Whitchurch	168.1	0.7
↑	SO (1ex) @ mRBT along Whitchurch Rd	168.9	0.2

10.5 kilometers. +124/-107 meters

Type	Note	Dist	Next
→	RIGHT on LH bend along Whitchurch Rd	169.0	0.6
→	RIGHT (SO) on LH bend onto SP !!Barrier!!	169.6	0.4
↑	SO rejoining road then...	170.0	0.1
↑	SO (2ex) @ RBT \$ Whitchurch A442. 24hr Serv on left	170.1	6.1
→	Fork RIGHT \$ GT BOLAS & CHILD'S ERCALL. PH on right	176.2	3.2
←	LEFT \$ EATON UPON TERN & CHILD'S ERCALL	179.4	2.4
→	RIGHT \$ CHILD'S ERCALL	181.8	2.2
←	LEFT @ T \$ CHILD'S ERCALL	184.0	0.1
→	RIGHT @ T \$ MKT DRAYTON	184.1	3.5
↑	SO @ X \$ Cheswardine !!Xing A41!! PH on left	187.6	1.4
←	LEFT @ T \$ MKT DRAYTON onto A529	188.9	5.6
→	RIGHT (2ex) @ mRBT into Frogmore Road A529	194.5	0.4

25.6 kilometers. +180/-182 meters

Type	Note	Dist	Next
←	LEFT (1ex) @ mRBT \$ all other traffic along A529 - follow to A53	194.9	0.8
↑	SO (2ex) @ RBT \$ AUDLEM A529 !!Xing A53!!	195.7	9.5
→	RIGHT @ X \$ Newcastle & NANTWICH !!A525!!	205.2	0.2
←	LEFT \$ NANTWICH A529. CH opp	205.4	4.6
→	RIGHT on LH bend \$ Crewe B5071	210.0	2.6
↑	SO @ X \$ Crewe B5071. PH opp	212.6	0.9
→	RIGHT \$ Cheshire Cycleway into Wrinehill Rd. Serv on left	213.5	1.2
←	LEFT \$ HOUGH	214.7	2.1
↑	SO @ dbl X \$ Cheshire Cycleway	216.8	1.3
→	RIGHT @ grn T \$ Cheshire Cycleway	218.1	0.5
←	1st LEFT @ [x] \$ dead end	218.6	0.4

24.1 kilometers. +149/-186 meters

Type	Note	Dist	Next
→	RIGHT onto SP - follow edging A5020 bypass to Texaco Serv	219.0	2.8
←	LEFT onto Beswick Drive	221.8	0.0
↻	CONTROL: CREWE [FREE] - 24hr Serv collect receipt   W00:50-08:37   135km to next CONTROL	221.8	0.0
←	LEFT @ T onto A5020	221.9	0.1
←	LEFT (1ex) @ RBT \$ CREWE TOWN CENTRE A534 - follow thru to NANTWICH	222.0	6.2
↑	SO (3ex) @ RBT \$ NANTWICH B5538 !!Xing A51!!	228.2	1.5
→	RIGHT (3ex) @ mRBT \$ TOWN CENTRE onto B5074	229.8	0.5
←	LEFT @ TL \$ TOWN CENTRE	230.2	0.7
↑	SO @ TL into Welsh Row. Xing B5341	231.0	0.5
←	LEFT into Marsh Lane. Dentist on left	231.4	8.1

12.8 kilometers. +59/-72 meters

Type	Note	Dist	Next
←	LEFT \$ WHITCHURCH. Grn on left	239.5	1.9
←	LEFT \$ HOLLYHURST & WHITCHURCH under railway bridge	241.4	2.1
←	LEFT @ grn \$ WHITCHURCH	243.5	1.8
←	LEFT @ T \$ WHITCHURCH	245.3	2.8
←	LEFT @ X into Brownlow Street B5395	248.1	0.4
↑	SO @ TL along B5395. PH on left	248.5	0.2
←	LEFT (1ex) @ mRBT along B5395. Serv opp	248.8	0.3
←	LEFT (1ex) @ mRBT \$ W'hampton along B5395	249.1	0.3
→	RIGHT \$ WEM B5476	249.4	0.6
↑	SO (3ex) @ RBT \$ WEM B5476 !!Xing A41!!	250.0	12.6
→	RIGHT @ T \$ Shrewsbury B5063. PH opp	262.5	0.2
←	LEFT \$ Shrewsbury B5476. CH opp	262.7	0.7

31.3 kilometers. +112/-101 meters

Type	Note	Dist	Next
→	RIGHT (2ex) @ mRBT \$ Shrewsbury B5476 - becomes A528	263.4	8.2
→	RIGHT @ [x] \$ BOMERE HEATH	271.6	2.2
←	LEFT @ X \$ Shrewsbury	273.8	1.1
→	RIGHT \$ LEATON	274.8	0.9
→	RIGHT @ T \$ Walford College onto B5067	275.7	0.4
←	1st fork LEFT on RH bend \$ MONTFORD BRIDGE. Mem opp	276.1	2.3
←	LEFT @ T \$ MONTFORD BRIDGE	278.4	3.2
←	LEFT @ X \$ Bicton B4380	281.5	0.6
→	RIGHT \$ Welshpool B4473	282.2	1.6
→	RIGHT @ T \$ Welshpool A458	283.8	1.5
↖	LEFT @ [x] \$ SHOOHILL	285.3	24.2
↑	RIGHT then LEFT @ stg X \$ Abermule. Xing A490	309.5	2.2
←	LEFT @ X \$ Montgomery B4388	311.7	1.7

49.0 kilometers. +289/-270 meters

Type	Note	Dist	Next
→	1st RIGHT \$ HENDOMEN	313.4	1.3
→	RIGHT @ stg X onto B4385	314.7	1.1
←	LEFT imm before bridge \$ ABERMULE onto B4386	315.9	4.7
↑	SO (2ex) @ RBT \$ NEWTOWN B4386	320.6	1.2
←	LEFT @ T \$ NEWTOWN !!A483!!	321.8	3.3
←	LEFT (1ex) @ RBT \$ TOWN CENTRE A4811 - follow thru to A489	325.1	5.5
→	RIGHT (2ex) @ RBT \$ Llanidloes A489 - follow to LLANGURIG - becoming A470	330.6	26.2
←	LEFT (1ex) @ RBT \$ RAYADER A470	356.8	0.0
✏	INFO: LLANGURIG - see brevet   155km to ARRIVEE	356.9	35.3
↑	SO (1ex) @ RBT \$ Llandrindod Wells A483	392.2	0.8
→	RIGHT (SO) on LH bend \$ Hundred House onto A481	393.0	0.8
↑	SO (1ex) @ RBT	393.8	0.6

82.1 kilometers. +594/-540 meters

Type	Note	Dist	Next
→	RIGHT @ grn \$ Aberedw B4567	394.4	9.3
→	RIGHT \$ BOUGHROOD after Erwood Stn	403.7	7.3
→	RIGHT @ T \$ LLYSWEN onto B4350	411.0	0.3
←	LEFT @ T \$ ABERGAVENNY A479 - follow to becoming !!A40!!	411.3	34.3
→	RIGHT (2ex) @ RBT \$ LLANFOIST A4143	445.6	0.6
→	RIGHT (2ex) @ RBT \$ LLANFOIST A4143	446.1	0.3
←	LEFT (1ex) @ RBT \$ LLANFOIST A4143	446.5	0.1
↑	SO @ TL	446.6	0.2
↑	SO (2ex) @ RBT \$ LLANFOIST B4246. Food available to left	446.8	0.2
←	LEFT (1ex) @ mRBT \$ LLANELLEN B4269	447.0	3.0
←	LEFT @ [x] \$ Abergavenny	450.0	0.1
↑	SO @ X. PB on left, xing A4042	450.1	4.6

56.2 kilometers. +444/-536 meters

Type	Note	Dist	Next
↑	SO @ X \$ LLANVAIR & USK	454.6	1.7
→	RIGHT @ T onto B4598 to USK	456.3	7.3
←	LEFT @ X \$ Newport A472	463.7	1.9
←	Fork LEFT \$ CHEPSTOW B4235	465.5	19.0
→	RIGHT @ T \$ Newport A466	484.5	0.9
↑	SO @ TL along A466	485.4	0.4
←	LEFT (2ex) @ RBT \$ AUST NCN2	485.8	0.2
→	RIGHT onto SP \$ AUST NCN2 - follow over bridge	486.0	6.1
→	RIGHT @ T rejoining road \$ Avon cycleway	492.1	0.1
←	LEFT (1ex) @ RBT \$ Thornbury B4461	492.2	0.1
!	!!Use cycle lane on left!!	492.2	0.1
←	LEFT (SO) along B4461 using cycle lane	492.4	1.5

42.3 kilometers. +353/-426 meters

Type	Note	Dist	Next
→	RIGHT on LH bend \$ OLVESTON & TOCKINGTON	493.9	3.2
→	RIGHT \$ Almondsbury	497.1	2.0
→	RIGHT @ T \$ BRISTOL A38 - follow 9km !!Busy!!	499.1	8.9
←	LEFT @ TL \$ EASTVILLE B4469 - follow to M32 RBT	508.0	2.5
→	RIGHT (3ex) @ RBT \$ EASTON !!M32 Junc - Busy!!	510.5	0.2
←	Exit RBT \$ Mosque !!imm before M32 slip!!	510.7	0.5
→	RIGHT @ TL onto A432	511.2	0.1
←	1st LEFT into St Marks Rd. PH on right	511.3	0.2
✂	CONTROL: EASTON   19 Berwick Rd   W12:28-Th06:11   81km to next CONTROL	511.6	0.1
→	RIGHT @ T onto Stapleton Rd A432	511.7	0.3
↑	SO @ TL \$ FISHPONDS A432 - follow thru to DOWNEND	511.9	4.8

19.6 kilometers. +179/-173 meters

Type	Note	Dist	Next
↑	SO (1ex) @ RBT \$ Filton A432 then...	516.7	0.1
→	Imm RIGHT \$ Mangotsfield & Westerleigh - cont. SO to A4174	516.8	2.0
↑	SO (2ex) @ RBT \$ Westerleigh !!Crossing A4174!! - cont. SO becoming B4465 to A46	518.8	10.2
↑	SO @ X \$ TORMARTON !!Crossing A46!!	529.0	5.5
↑	SO (RIGHT then LEFT) @ stg X \$ MALMESBURY B4040 crossing B4039	534.5	0.3
→	RIGHT \$ MALMESBURY B4040	534.8	14.9
↑	SO (2ex) @ mRBT	549.7	0.9
→	RIGHT \$ TOWN CENTRE. Memorial Cross on left	550.6	0.3
!	!!Blind bend!! use mirror	550.9	0.2
←	LEFT @ T \$ All other traffic onto Oxford St	551.1	1.0
→	RIGHT (2ex) @ RBT \$ Cricklade B4040 !!Crossing A429!! ServStn opp	552.0	0.2

40.1 kilometers. +321/-301 meters

Type	Note	Dist	Next
→	1st RIGHT \$ MILBOURNE & GARSDON	552.2	2.3
↑	SO @ X \$ GARSDON & PURTON	554.5	0.8
→	RIGHT \$ Brinkworth & PURTON	555.3	2.4
←	LEFT @ T \$ PURTON then...	557.7	0.1
→	Imm RIGHT @ T \$ PURTON	557.8	0.7
←	LEFT \$ Minety & PURTON - cont. SO to	558.5	8.9
↑	SO (1ex) @ mRBT into High St	567.4	2.9
→	RIGHT @ T \$ Swindon B4553	570.3	1.1
↑	LEFT (SO - 2ex) on RH bend \$ S&C RAILWAY	571.5	1.5
←	LEFT (1ex) @ RBT \$ BLUNSDON then...	572.9	0.1
→	Imm RIGHT \$ All routes into Tadpole Ln	573.0	0.9
→	RIGHT @ T \$ BLUNSDON - cont. SO to TLs	573.9	2.1

21.9 kilometers. +157/-153 meters

Type	Note	Dist	Next
←	LEFT @ TL \$ HIGHWORTH B4019 - follow to	576.1	6.0
↑	SO (LEFT then RIGHT) @ TL \$ TOWN CENTRE	582.1	0.3
↑	SO (2ex) @ dbl mRBT \$ FARINGDON & COLESHILL B4019	582.4	9.0
←	LEFT @ T \$ Oxford	591.4	0.6
←	LEFT (1ex) @ RBT \$ TOWN CENTRE	592.0	0.2
→	RIGHT (2ex) @ mRBT \$ TOWN CENTRE. OWS	592.2	0.2
✂	CONTROL: FARINGDON [FREE] (alt Buckland Serv A420) - collect receipt   W15:43-Th12:24   71km to next CONTROL	592.4	0.0
←	LEFT @ T. OWS ends	592.5	1.6
←	LEFT @ T \$ Oxford A420 !!Busy - 6.4km!!	594.1	11.9
↑	SO @ X \$ APPLETON & CUMNOR crossing A415	606.0	8.2
→	RIGHT (2ex) @ mRBT \$ Oxford B4017	614.3	0.4

40.3 kilometers. +314/-347 meters

Type	Note	Dist	Next
↑	LEFT (SO) @ T along Oxford Rd. OWS ends	614.6	0.5
↑	LEFT (SO) @ T \$ CUMNOR HILL becomes B4044 - cont. SO to OXFORD CENTRE becoming A420	615.2	4.6
↑	SO (2ex) @ RBT. Stn on left. Then...	619.8	0.1
←	Imm fork LEFT (1ex) @ RBT. Hotel opp	619.9	0.3
↑	SO @ TL - cycles only - into George St	620.2	0.3
↑	SO @ TL into Broad St	620.5	0.0
!	!!Bollards!!	620.6	0.3
→	RIGHT @ mRBT into Catte St	620.9	0.1
↑	Cont. SO towards High St !!Pedestrians & bollards!!	621.0	0.2
←	LEFT onto High St	621.1	0.3
↑	SO @ TL	621.5	0.4
←	Fork LEFT (1ex) @ RBT	621.8	0.5
↑	SO @ TL	622.3	0.1

8.0 kilometers. +27/-88 meters

Type	Note	Dist	Next
←	Fork LEFT (2ex) @ TL \$ Ring road west	622.4	1.8
←	LEFT @ TL then...	624.2	0.1
→	Imm RIGHT @ TL \$ Ring road	624.3	1.0
→	RIGHT on LH bend \$ Elsfield !!A40 slip!! Then...	625.3	0.1
←	Imm LEFT \$ WOODEATON	625.4	4.1
←	LEFT @ T \$ ISLIP B4027	629.5	2.1
→	RIGHT on LH bend imm after bridge \$ Oddington & MERTON. PH opp	631.5	0.3
→	RIGHT @ stg X	631.8	9.3
!	!!Level crossing!!	641.1	0.4
↑	SO (LEFT then RIGHT) @ stg X \$ BLACKTHORN	641.5	1.0
→	RIGHT @ T \$ BLACKTHORN B4011	642.5	0.6
←	LEFT \$ BLACKTHORN	643.1	0.1
↑	LEFT (SO) on RH bend into Lower Rd	643.3	0.6

21.0 kilometers. +87/-90 meters

Type	Note	Dist	Next
➔	RIGHT on LH bend into Weir Ln	643.9	0.2
➡	LEFT @ T	644.1	0.2
➔	RIGHT @ T !!Busy - A41!! then...	644.4	0.0
➡	Imm LEFT \$ MARSH GIBBON	644.4	9.6
⬆	RIGHT then LEFT @ stg X \$ STEEPLE CLAYDON	654.0	6.8
➡	LEFT @ T \$ Buckingham	660.7	0.3
➔	1st RIGHT \$ VERNEY JUNC & WINSLOW	661.0	4.2
⬆	SO (1ex) @ mRBT into Vicarage Rd	665.2	0.3
✂	CONTROL: WINSLOW [FREE] - collect receipt   Th18:36-F17:53   83km to next CONTROL	665.5	0.0
➔	RIGHT @ X onto A413	665.5	0.9
➡	LEFT \$ SWANBOURNE B4032	666.4	3.0
➡	LEFT \$ Stewkley & D PARSLOW B4032. CH on left	669.4	2.2

26.1 kilometers. +210/-142 meters

Type	Note	Dist	Next
➔	RIGHT @ T \$ DRAYTON PARSLOW B4032	671.6	1.6
➡	LEFT \$ DRAYTON PARSLOW	673.2	2.2
⬆	SO @ X \$ Bletchley	675.5	2.9
⬆	SO (2ex) @ RBT \$ M Keynes !!A4146 - dual carriageway 1km!!	678.4	1.1
➔	RIGHT (3ex) @ RBT \$ Stoke Hammond	679.5	0.8
➡	1st LEFT \$ Gt Brickhill	680.4	1.7
➔	RIGHT @ T \$ Gt Brickhill	682.1	0.6
➡	1st LEFT into John Horncapps Ln	682.7	0.8
⬆	LEFT (SO) @ T	683.5	1.2
➔	RIGHT @ T \$ WOBURN	684.6	0.3
➡	LEFT (1ex) @ RBT \$ London & WOBURN	684.9	2.9
➡	LEFT @ T \$ WOBURN	687.8	1.1
⬆	SO @ X \$ Woburn Abbey crossing A4012. PH opp	688.9	0.3
!	!!Cattle grid!!	689.3	2.1

19.8 kilometers. +168/-191 meters

Type	Note	Dist	Next
!	!!Cattle grid!!	691.3	6.2
⬆	SO (2ex) @ RBT \$ Ampt Hill - cont. SO to A507	697.6	1.0
➔	RIGHT (2ex) @ RBT \$ Ampt Hill & SHEFFORD A507 !!Busy!! - follow to	698.5	11.6
⬆	SO (2ex) @ RBT \$ SHEFFORD	710.1	1.0
⬆	SO (2ex) @ mRBT	711.1	0.2
➔	RIGHT @ TL \$ CLIFTON. PH opp	711.4	0.4
➡	LEFT (1ex) @ mRBT \$ CLIFTON	711.8	1.7
➡	LEFT on RH bend \$ Scenic route. PH opp	713.5	0.5
➔	RIGHT @ X \$ HENLOW	714.0	1.1
➡	LFET (1ex) @ mRBT onto Langford Rd	715.1	1.7
➔	RIGHT (2ex) @ mRBT \$ EDWORTH	716.8	0.6
⬆	SO (2ex) @ mRBT along Cambridge Rd	717.3	2.7

28.1 kilometers. +86/-168 meters

Type	Note	Dist	Next
➡	LEFT (1ex) @ RBT \$ The South & EDWORTH	720.0	0.7
➔	RIGHT @ T \$ Edworth & DUNTON	720.7	3.7
➔	RIGHT (3ex) @ RBT \$ DUNTON & EYEWORTH becoming B1042	724.5	12.0
⬆	SO (2ex) @ RBT \$ CAMBRIDGE A603 - follow to	736.5	14.9
➡	LEFT @ TL	751.4	0.2
⬆	SO (1ex) @ RBT \$ Abbey. ServStn on left	751.6	0.3
➔	RIGHT @ TL	751.9	0.1
!	!!Bollards!!	752.0	0.3
➡	LEFT on RH bend \$ NCN11	752.3	0.3
➔	RIGHT \$ NCN11 into St Marys St OWS imm after Gt St Marys CH	752.7	0.2
➡	LEFT following OWS - cont. SO crossing River Cam	752.9	0.1

35.5 kilometers. +128/-183 meters

Type	Note	Dist	Next
✍	CONTROL: CAMBRIDGE [FREE] - collect receipt   Th.22:07-Sa.00:29   21km to next CONTROL	752.9	0.6
↑	SO @ TL into Castle St. Crossing Ring road A1303	753.5	0.4
➔	RIGHT @ dbi TL \$ Ring road & HISTON then...	753.9	0.1
←	Imm fork LEFT \$ HISTON B1049	754.0	3.4
i	Follow NCN51 to ST IVES in 16km !!Pedestrians, gates/bollards & crossings!!	757.4	16.3
↑	SO @ crossing following NCN51 crossing A1096	773.7	0.1
↑	SO !!Rejoin road!! follow thru market place	773.8	0.4
←	LEFT \$ NCN51 (dead end). Banks opp	774.2	0.0
✍	CONTROL: ST IVES [FREE] - collect receipt   Th.22:57-Sa.02:03   175km to next CONTROL	774.2	0.0
←	LEFT @ T into Bridge St	774.2	0.8

21.4 kilometers. +48/-53 meters

Type	Note	Dist	Next
➔	RIGHT @ X \$ NCN51 into Hemingford Rd	775.1	1.9
←	LEFT @ stg [x] \$ NCN51 into Braggs Ln. PH on right	777.0	0.3
➔	RIGHT \$ HEMINGFORD ABBOTS	777.2	1.4
↑	SO (dead end) \$ Common Ln	778.6	1.1
↑	SO \$ NCN51 onto shared path !!Gate!!	779.6	0.8
←	LEFT after !!gate!! \$ NCN51 rejoining road	780.4	1.2
➔	RIGHT @ T	781.6	1.2
←	LEFT (1ex) @ mRBT into Causeway	782.8	0.2
➔	1st RIGHT @ [x] \$ THE OFFORDS B1043	783.0	4.3
➔	RIGHT \$ BUCKDEN	787.4	0.1
!	!!Level Crossing!!	787.5	2.8
←	LEFT @ X \$ Cycle route	790.3	0.2
➔	RIGHT (2ex) @ RBT \$ KIMBOLTON B661 !!Crossing A1!!	790.6	7.0

16.3 kilometers. +82/-64 meters

Type	Note	Dist	Next
➔	RIGHT @ [x]. FH on left	797.5	1.8
➔	RIGHT @ T \$ KIMBOLTON B645	799.3	17.5
↑	SO (2ex) @ RBT \$ HIGHAM FERRERS B645 !!Crossing A6!!	816.8	0.7
←	LEFT (1ex) @ mRBT \$ Town centre & RUSHDEN	817.5	1.6
➔	RIGHT @ TL into Washbrook Rd	819.1	0.1
↑	SO @ TL	819.2	0.6
↑	SO @ TL \$ IRCHESTER B569. Crossing A5001	819.9	3.6
➔	RIGHT (2ex) @ mRBT \$ W'boro B570	823.4	1.6
➔	RIGHT (2ex) @ RBT \$ W'boro A509	825.1	1.0
←	LEFT (1ex) @ RBT \$ Kettering A509	826.1	0.3
➔	RIGHT (3ex) @ RBT \$ GT DODDINGTON onto Turnells Mill Ln	826.4	0.9

35.8 kilometers. +218/-209 meters

Type	Note	Dist	Next
←	LEFT @ T \$ GT DODDINGTON & EARLS BARTON	827.3	5.4
➔	RIGHT @ T \$ Mears Ashby B573	832.7	0.9
←	LEFT @ TL \$ NORTHAMPTON A4500 - follow to town centre	833.6	9.9
➔	RIGHT @ TL \$ Mkt Harboro & follow Rugby signs SO thru TLs becomes A4500	843.5	2.1
➔	RIGHT @ TL \$ Rugby A4500 - follow SO @ TL/RBTs exiting Northampton	845.6	1.5
↑	SO (2ex) @ RBT \$ KISLINGBURY A45(00) - follow SO thru TLs to next RBT	847.1	2.7
←	LEFT (1ex) @ RBT \$ KISLINGBURY & BUGBROOKE B4525	849.7	4.0
➔	RIGHT @ grn \$ Nether Heyford	853.7	2.5
➔	RIGHT (SO) on LH bend	856.2	0.2
➔	RIGHT @ T \$ Weedon A5	856.4	0.4

30.0 kilometers. +293/-241 meters

Type	Note	Dist	Next
←	1st LEFT	856.8	0.9
←	LEFT (SO) @ T \$ Farthingstone	857.6	3.2
↑	SO @ X	860.8	1.0
↑	SO @ X	861.9	2.3
!	!!Gravel potholes etc!! at bottom of descent	864.2	1.4
→	RIGHT @ T \$ PRESTON CAPES	865.6	1.0
←	LEFT @ grn \$ WOODFORD HALSE. Mast on left	866.6	2.6
→	RIGHT @ T then...	869.2	0.1
→	Imm RIGHT \$ BYFIELD & UPPER BODDINGTON	869.3	3.1
→	RIGHT (3ex) @ dbl mRBT \$ UPPER BODDINGTON & WORMLEIGHTON. Crossing A361	872.5	5.5
→	RIGHT @ T	877.9	3.5
↑	SO (RIGHT then LEFT) @ stg X \$ FERRY COMPTON. Crossing A423	881.4	2.0
→	RIGHT @ T \$ Banbury	883.4	0.1

27.0 kilometers. +260/-281 meters

Type	Note	Dist	Next
→	RIGHT @ T \$ Knightcote	883.5	0.1
←	LEFT @ T \$ Knightcote	883.6	2.7
→	RIGHT (SO) on LH bend	886.3	3.6
→	RIGHT @ X then...	889.9	0.2
←	LEFT (1ex) @ RBT \$ KINETON	890.2	3.9
↑	SO (2ex) @ RBT \$ KINETON	894.1	0.3
↑	SO (2x) @ mRBT	894.4	0.4
→	RIGHT \$ Wellesbourne B4086	894.8	0.1
←	1st LEFT \$ BUTLERS MARSTON & THE PILLERTONS	894.9	5.9
→	RIGHT @ T \$ Stratford A422	900.8	0.4
←	1st LEFT \$ HALFORD	901.2	2.8
←	LEFT @ T \$ Cirencester (Fosse Way) B4455 & HALFORD	904.0	0.3
↑	SO (1ex) @ RBT \$ Cirencester (Fosse Way) A429 & HALFORD	904.3	1.1

20.9 kilometers. +124/-172 meters

Type	Note	Dist	Next
→	RIGHT @ grn \$ ARMSCOTE & ILMINGTON	905.4	0.5
↑	SO @ X \$ ARMSCOTE & ILMINGTON. Crossing A3400	905.9	4.3
→	RIGHT @ T \$ Stratford & MICKLETON	910.2	0.1
←	1st LEFT on RH bend \$ Admington & MICKLETON	910.3	5.8
↑	SO (1ex) @ mRBT \$ Cheltenham B4632	916.1	0.9
→	RIGHT (2ex) @ mRBT \$ Cheltenham B4632	917.0	6.9
←	LEFT (1ex) @ mRBT \$ Cheltenham & BROADWAY B4632	923.9	1.5
↑	SO (2ex) @ RBT \$ BROADWAY	925.5	1.3
→	RIGHT (2ex) @ mRBT \$ TI onto High St	926.8	0.9
←	LEFT \$ Winchcombe B4632	927.7	16.2
↑	SO (2ex) @ RBT \$ TEWKESBURY A46 !!Busy!!	943.8	2.4
↑	SO @ TL along A46	946.2	2.2

41.9 kilometers. +242/-276 meters

Type	Note	Dist	Next
✏	CONTROL: ASHCHURCH [FREE] (alt Tewksbury) - collect receipt   F05:52-Sa15:12   74km to ARRIVEE	948.4	0.5
↑	SO (2ex) @ RBT \$ TEWKESBURY A438 !!M5 junction!!	948.8	0.4
↑	SO @ TL along A438	949.3	1.2
↑	SO @ TL \$ TOWN CENTRE	950.4	0.2
↑	SO @ TL	950.7	0.7
↑	SO (1ex) @ mRBT \$ GLOUCESTER A38	951.4	2.1
→	RIGHT (2ex) @ RBT \$ GLOUCESTER A38 - follow to	953.5	12.8
↑	SO (2ex) @ RBT \$ CITY CENTRE A38 !!Crossing A40!!	966.3	0.8
↑	SO (2ex) @ RBT \$ CITY CENTRE !!Busy - A417!!	967.1	0.9
↑	SO @ TL \$ CITY CENTRE. Crossing A430	967.9	0.2

21.8 kilometers. +77/-81 meters



Type	Note	Dist	Next
→	RIGHT (2ex) @ mRBT into Pedestrian Area \$ Cycle Route. Continue SO thru shared space areas	968.1	0.6
↑	Continue SO at end of shared space with Southgate House on left	968.7	0.3
↑	SO (2ex) @ mRBT \$ Bristol	969.0	0.2
↑	SO @ TL then imm continue SO at fork and next TLs to A430	969.3	2.8
←	LEFT @ TL using middle lane \$ QUEDGELEY B4008 !!Busy - A430 & A38!!	972.1	0.2
→	RIGHT @ TL & continue SO along B4008 thru QUEDGELEY	972.2	3.8
→	RIGHT (3ex) @ RBT \$ Bristol A38 - follow SO until Thornbury TLs	976.0	28.4
↑	SO @ dbl TL then...	1004.4	0.1
←	Imm LEFT \$ GROVESEND / THE SLAD	1004.5	2.8
→	RIGHT @ T \$ EARTHCOTT	1007.3	1.6

39.4 kilometers. +271/-234 meters

Type	Note	Dist	Next
→	2nd RIGHT @ [x] into Berwick Rd. Gardon of Easton on right	1022.2	0.0
✍	ARRIVEE: EASTON - 19 Berwick Rd   F08:52-Sa20:39	1022.3	0.0
📍	End of route	1022.3	0.0

0.2 kilometers. +0/-0 meters

Type	Note	Dist	Next
↑	RIGHT then LEFT @ stg X \$ HAMBROOK	1008.9	5.6
←	LEFT @ TL \$ Yate & HAMBROOK then...	1014.6	0.1
→	Imm RIGHT @ TL \$ BRISTOL & HAMBROOK B4427	1014.7	1.5
→	RIGHT @ T \$ BRISTOL & FRENCHAY B4058	1016.2	0.5
↑	SO @ TL \$ FRENCHAY B4058 - follow SO to M32 junc !!Busy - A4174!!	1016.8	4.5
!	!!Filter into M32 exit-slip!!	1021.2	0.1
↑	SO (2ex) @ RBT \$ Eastgate Centre & EASTON	1021.3	0.1
←	LEFT labelled LOCAL TRAFFIC !!imm before M32 on-slip!!	1021.4	0.6
→	RIGHT @ TL onto Stapleton Rd A432	1021.9	0.1
←	1st LEFT into St Marks Rd. PH on right	1022.0	0.2

14.7 kilometers. +52/-110 meters