

Shifty 300

Type	Note	Dist	Next
✍	DEPART: EASTON - 19 Berwick Rd 06:00 65km to next CONTROL	0.0	0.1
➔	RIGHT @ T onto A432	0.1	0.3
➡	LEFT @ TL along Stapleton Rd	0.4	0.1
↑	SO @ island using shared path with road on right !!Skateboarders!!	0.5	0.3
↑	SO xing road following shared path on opposite side !!Side roads!!	0.7	0.2
↘	Xing road before RBT !!RBT exit!!	0.9	0.0
➡	LEFT @ Ped xing	0.9	0.0
↑	SO @ ped xing rejoining road on RBT \$ SOUTHMEAD onto B4469 !!M32 slip!!	1.0	0.1
➔	Fork RIGHT @ TL \$ SOUTHMEAD along B4469 - follow SO to A38	1.1	2.4
➔	RIGHT @ TL \$ Gloucester A38 - follow SO to M5 RBT	3.5	6.8

3.5 kilometers. +78/-16 meters

Type	Note	Dist	Next
↑	SO (2ex) @ RBT \$ Thornbury A38 !!M5 junc!!	10.3	1.9
↑	SO @ TL along A38	12.2	0.3
➡	1st LEFT \$ TOCKINGTON & OLVESTON	12.5	1.9
➡	Fork LEFT (SO) on RH bend \$ AUST	14.3	0.1
➡	LEFT @ T \$ AUST	14.5	3.1
↑	LEFT (SO) @ T onto B4461	17.6	1.7
➔	RIGHT imm before RBT using shared path round opp side	19.2	0.1
➡	Cross SERV road & LEFT onto Severn Bridge Path	19.3	4.5
➡	LEFT xing road and cont. LEFT \$ NCN4	23.8	1.7
➡	LEFT @ end of path rejoining road	25.5	0.1
➔	RIGHT (3ex) @ RBT \$ Tintern A466 !!Busy!!	25.6	1.4
➡	LEFT \$ USK B4235. Shop on left	27.0	18.9

23.5 kilometers. +140/-144 meters

Type	Note	Dist	Next
➔	RIGHT @ T \$ USK onto A472	46.0	2.0
➔	RIGHT \$ ABERGAVENNY onto B4598	47.9	10.0
➡	LEFT @ T \$ ABERGAVENNY B4598. Cafe on right	58.0	5.5
➡	LEFT @ T \$ all traffic then...	63.5	0.0
➔	Imm fork RIGHT following OWS. Looks like RBT	63.5	0.3
➔	RIGHT (3ex) @ RBT \$ ABERGAVENNY A40	63.8	1.2
✍	CONTROL: ABERGAVENNY [FREE] - collect receipt 08:10-10:20 121km to next CONTROL	65.1	0.3
➔	RIGHT \$ Brecon A40	65.3	0.4
↑	SO @ TL \$ SKENFRITH into B4521	65.7	0.6
➔	RIGHT \$ SKENFRITH B4521	66.3	23.7
↑	SO @ X \$ ROSS ON WYE B4521. Xing A466	89.9	5.2

62.9 kilometers. +583/-521 meters

Type	Note	Dist	Next
↑	SO @ X \$ ROSS ON WYE along B4521 !!Xing A4137!!	95.2	1.1
➔	RIGHT @ T \$ ROSS ON WYE !!A49!!	96.2	4.1
↑	SO (2ex) @ RBT \$ ROSS ON WYE B4260	100.3	1.7
➔	RIGHT @ T \$ other routes	102.0	0.3
➡	LEFT (1ex) @ mRBT \$ other routes onto B4234	102.3	1.2
➔	RIGHT (3ex) @ RBT \$ Worcester !!A449 - dual carriageway!!	103.5	0.9
↑	SO (2ex) @ RBT onto B4221. !!end of M50!! PH on left	104.3	3.0
↑	RIGHT (SO) @ T \$ NEWENT B4221. PH on right	107.3	8.7
➡	LEFT @ 2x TL \$ UPLEADON B4215	116.0	0.2
➔	RIGHT \$ UPLEADON & TEWKSBURY	116.3	8.8
↑	SO @ X \$ Hasfield !!Xing A417!!	125.1	0.6

35.1 kilometers. +322/-409 meters

Type	Note	Dist	Next
←	LEFT @ T \$ TEWKSBURY onto B4211	125.7	7.4
→	RIGHT @ T \$ TEWKSBURY A438	133.1	4.4
→	RIGHT @ T \$ TEWKSBURY A38	137.4	0.7
↑	LEFT (1ex) @ mRBT \$ BREDON B4080	138.1	5.4
←	LEFT @ [x] \$ Pershore B4080	143.5	3.8
→	RIGHT \$ Deer Park Business Park	147.3	5.3
→	RIGHT @ T \$ LT. COMBERTON	152.7	0.2
←	1st LEFT into Orchard Dr	152.8	0.2
←	LEFT @ T	153.0	2.2
→	RIGHT @ stg X \$ EVESHAM B4084	155.2	6.0
↑	SO (2ex) @ RBT \$ EVESHAM B4048	161.2	1.2
←	LEFT @ TL \$ TOWN CENTRE A4184	162.4	0.6

37.4 kilometers. +280/-293 meters

Type	Note	Dist	Next
→	RIGHT (2ex) @ RBT along A4184 - cont SO to next RBT	163.1	2.6
↑	SO (2ex) @ RBT \$ NORTON B4088 !!Xing A44!!	165.6	2.2
→	RIGHT (1ex) @ RBT \$ BIDFORD	167.8	5.4
↑	SO (2ex) @ RBT \$ BIDFORD B439 !!Xing A46 dual carriageway!!	173.2	1.8
↑	SO (2ex) @ RBT \$ STRATFORD B439	175.0	10.6
↑	SO (2ex) @ RBT \$ TOWN CENTRE onto A4390	185.6	0.2
→	Fork 2nd RIGHT \$ TOWN CENTRE only	185.8	0.4
✍	CONTROL: STRATFORD UPON AVON [FREE] - collect receipt 12:12-18:24 64km to next CONTROL	186.2	0.0
→	RIGHT @ TL onto A422	186.2	0.2
→	RIGHT (3ex) @ RBT into High St	186.4	0.5
←	LEFT @ stg X. Sch opp	187.0	0.1

24.5 kilometers. +173/-165 meters

Type	Note	Dist	Next
→	1st RIGHT into College St	187.1	0.4
↗	Fork RIGHT onto SP imm before dead end \$!!Pedestrians - bollards!!	187.5	0.2
↑	SO (2ex) @ RBT \$ NCN41 into Greenway car park !!Pedestrians - gates - gravel!!	187.7	3.7
↑	RIGHT then LEFT @ X using horse gate along Greenway !!Pedestrians - gates - gravel!!	191.5	4.0
→	!!Gate!! then RIGHT @ T - rejoining road	195.5	0.2
←	LEFT @ T \$ MICKLETON	195.7	3.3
↑	RIGHT (SO) @ T \$ Cheltenham B4632	199.0	0.9
→	RIGHT (2ex) @ mRBT \$ Cheltenham B4632	200.0	0.9
↑	SO (1ex) @ mRBT \$ Chipping Campden B4081	200.8	3.1
←	LEFT @ T \$ Chipping Campden B4035	203.9	0.2
→	1st RIGHT \$ Broadway	204.1	5.1

17.1 kilometers. +137/-15 meters

Type	Note	Dist	Next
↑	SO @ X \$ Broadway Twr !!Xing A44!!	209.1	2.5
→	RIGHT @ T	211.6	1.7
↑	LEFT (SO) @ T \$ Stow	213.4	4.4
→	RIGHT @ X \$ TEMPLE GUITING B4077	217.8	0.5
←	Fork 1st LEFT @ ^ \$ TEMPLE GUITING	218.3	1.7
←	LEFT @ T \$ KINETON. Sch opp	219.9	5.3
↑	RIGHT (SO) @ T \$ Cheltenham B4068	225.3	2.2
←	1st LEFT	227.5	0.2
↑	SO @ X \$ SALPERTON. Xing A436	227.7	1.8
←	1st LEFT. X on left	229.5	0.4
→	RIGHT @ X (unmarked)	229.9	0.7
←	LEFT @ T	230.6	1.8
→	RIGHT @ T then...	232.4	0.0
→	Imm RIGHT @ T onto !!A40!!	232.5	0.1

28.4 kilometers. +285/-313 meters

Type	Note	Dist	Next
←	1st LEFT \$ COMPTON ABDALE	232.5	1.4
←	SO @ X \$ Roman Villa	234.0	2.2
↑	SO @ X \$ Chedworth	236.2	2.5
↑	SO @ ^ X \$ North Cerney	238.6	10.6
↑	SO @ TL into Spitalgate Ln. Xing A417	249.2	0.3
←	LEFT @ T into Dollar St	249.5	0.3
✍	CONTROL: CIRENCESTER [FREE] - collect receipt 14:20-22:40 61km to ARRIVEE	249.8	0.0
←	LEFT @ X into Market Pl	249.9	0.2
→	1st RIGHT. PH on right	250.1	0.3
→	RIGHT @ X onto OWS	250.3	0.1
↑	SO @ TL into Querns Ln	250.4	0.3
←	LEFT @ ^ T into Querns Hill	250.7	0.8
↑	SO (1ex) @ mRBT	251.5	0.6
→	RIGHT @ T \$ Somerford Keynes	252.1	0.7

19.6 kilometers. +203/-331 meters

Type	Note	Dist	Next
→	1st RIGHT \$ EWEN	252.8	3.0
→	RIGHT @ T \$ Kemble then...	255.8	0.1
←	Imm LEFT \$ POOLE KEYNES & OAKSEY	255.9	4.9
→	RIGHT (2ex) @ mRBT \$ Culkerton	260.7	0.8
←	LEFT (1ex) @ mRBT \$ EASTCOURT	261.6	1.2
↑	SO @ X \$ HANKERTON, CHARLTON & MALMESBURY	262.8	1.6
←	RIGHT @ ^ T \$ HANKERTON & CHARLTON	264.4	3.1
→	RIGHT @ T onto B4040	267.5	3.2
↑	SO (2ex) @ RBT \$ TOWN CENTRE along B4040	270.7	1.2
→	RIGHT @ T \$ Wiltshire Cycleway along B4040	271.9	0.1
←	LEFT @ T along B4040. Market X opp	272.1	0.3

20.0 kilometers. +134/-159 meters

Type	Note	Dist	Next
←	LEFT @ T \$ Thru traffic B4040 - follow thru to ACTON TURNVILLE	272.4	15.8
←	LEFT @ T into The Street	288.2	0.3
↑	RIGHT then LEFT @ stg X \$ TORMARTON. Xing B4039. PH opp	288.5	5.5
↑	SO @ X \$ CODRINGTON into B4465 !!Xing A46!!	294.0	5.9
↑	SO @ TL \$ Mangotsfield	299.9	3.9
↑	SO (2ex) @ RBT \$ Bristol	303.8	0.3
↑	SO (2ex) @ RBT-L \$ DOWNEND !!Xing A4174 dual carriageway!!	304.1	0.4
↑	SO (2ex) @ RBT \$ DOWNEND - cont SO to T	304.5	1.8
←	LEFT @ T onto A432 then...	306.3	0.1
→	Imm RIGHT (2ex) @ RBT \$ FISHPONDS A432 - follow to and thru	306.3	2.0
i	FISHPONDS	308.3	1.8
↑	SO @ TL \$ EASTVILLE along A432	310.1	0.3

38.1 kilometers. +296/-341 meters

Type	Note	Dist	Next
↑	SO @ TL along A432. Serv opp	310.5	0.6
↑	SO @ TL along A432	311.1	0.1
←	1st LEFT \$ Easton Jamia Masjid into St Marks Rd. PH on right	311.3	0.2
→	2nd RIGHT @ [x] into Berwick Rd. Garden of Easton on right	311.5	0.0
✍	ARRIVEE: EASTON - 19 Berwick Rd 16:22-02:00	311.5	0.0
📍	End of route	311.5	0.0

1.3 kilometers. +3/-18 meters