

Type	Note	Dist	Next
📍	Start of route	0.0	0.0
✍️	DEPART: EASTON - 19 Berwick Rd   06:00   81km to next CONTROL	0.0	0.1
➔	RIGHT @ T onto Stapleton Rd A432	0.1	0.3
↑	SO @ TL \$ FISHPONDS A432 - follow thru to DOWNEND	0.4	4.8
↑	SO (1ex) @ RBT \$ Filton A432 then...	5.2	0.1
➔	Imm RIGHT \$ Mangotsfield & Westerleigh - cont. SO to A4174	5.3	2.0
↑	SO (2ex) @ RBT \$ Westerleigh !!Crossing A4174!! - cont. SO becoming B4465 to A46	7.3	10.2
↑	SO @ X \$ TORMARTON !!Crossing A46!!	17.5	5.5
↑	SO (RIGHT then LEFT) @ stg X \$ MALMESBURY B4040 crossing B4039	22.9	0.3
➔	RIGHT \$ MALMESBURY B4040	23.3	14.9

23.3 kilometers. +276/-162 meters

Type	Note	Dist	Next
↑	SO (2ex) @ mRBT	38.2	0.9
➔	RIGHT \$ TOWN CENTRE. Memorial Cross on left	39.1	0.3
!	!!Blind bend!! use mirror	39.3	0.2
←	LEFT @ T \$ All other traffic onto Oxford St	39.5	1.0
➔	RIGHT (2ex) @ RBT \$ Cricklade B4040 !!Crossing A429!! ServStn opp	40.5	0.2
➔	1st RIGHT \$ MILBOURNE & GARSDON	40.7	2.3
↑	SO @ X \$ GARSDON & PURTON	43.0	0.8
➔	RIGHT \$ Brinkworth & PURTON	43.8	2.4
←	LEFT @ T \$ PURTON then...	46.2	0.1
➔	Imm RIGHT @ T \$ PURTON	46.2	0.7
←	LEFT \$ Minety & PURTON - cont. SO to	46.9	8.9
↑	SO (1ex) @ mRBT into High St	55.9	2.9

32.6 kilometers. +168/-116 meters

Type	Note	Dist	Next
➔	RIGHT @ T \$ Swindon B4553	58.8	1.1
↑	LEFT (SO - 2ex) on RH bend \$ S&C RAILWAY	59.9	1.5
←	LEFT (1ex) @ RBT \$ BLUNSDON then...	61.4	0.1
➔	Imm RIGHT \$ All routes into Tadpole Ln	61.5	0.9
➔	RIGHT @ T \$ BLUNSDON - cont. SO to TLs	62.4	2.1
←	LEFT @ TL \$ HIGHWORTH B4019 - follow to	64.5	6.0
↑	SO (LEFT then RIGHT) @ TL \$ TOWN CENTRE	70.5	0.3
↑	SO (2ex) @ dbl mRBT \$ FARINGDON & COLESHILL B4019	70.8	9.0
←	LEFT @ T \$ Oxford	79.8	0.6
←	LEFT (1ex) @ RBT \$ TOWN CENTRE	80.4	0.2
➔	RIGHT (2ex) @ mRBT \$ TOWN CENTRE. OWS	80.6	0.2

24.8 kilometers. +250/-227 meters

Type	Note	Dist	Next
✍️	CONTROL: FARINGDON [FREE] - collect receipt   09:14-11:40   73km to next CONTROL	80.9	0.0
←	LEFT @ T. OWS ends	80.9	1.6
←	LEFT @ T \$ Oxford A420 !!Busy - 6.4km!!	82.6	11.9
↑	SO @ X \$ APPLETON & CUMNOR crossing A415	94.5	8.2
➔	RIGHT (2ex) @ mRBT \$ Oxford B4017	102.7	0.4
↑	LEFT (SO) @ T along Oxford Rd. OWS ends	103.1	0.5
↑	LEFT (SO) @ T \$ CUMNOR HILL becomes B4044 - cont. SO to OXFORD CENTRE becoming A420	103.6	4.6
↑	SO (2ex) @ RBT. Stn on left. Then...	108.2	0.1
←	Imm fork LEFT (1ex) @ RBT. Hotel opp	108.3	0.3
↑	SO @ TL - cycles only - into George St	108.7	0.3
↑	SO @ TL into Broad St	109.0	0.0

28.3 kilometers. +168/-202 meters

Type	Note	Dist	Next
!	!!Bollards!!	109.0	0.3
→	RIGHT @ mRBT into Catte St	109.3	0.1
↑	Cont. SO towards High St !!Pedestrians & bollards!!	109.4	0.2
←	LEFT onto High St	109.6	0.3
↑	SO @ TL	109.9	0.4
←	Fork LEFT (1ex) @ RBT	110.3	0.5
↑	SO @ TL	110.7	0.1
←	Fork LEFT (2ex) @ TL \$ Ring road west	110.9	1.8
←	LEFT @ TL then...	112.7	0.1
→	Imm RIGHT @ TL \$ Ring road	112.7	1.0
→	RIGHT on LH bend \$ Elsfield !!A40 slip!! Then...	113.8	0.1
←	Imm LEFT \$ WOODEATON	113.8	4.1
←	LEFT @ T \$ ISLIP B4027	117.9	2.1
→	RIGHT on LH bend imm after bridge \$ Oddington & MERTON. PH opp	120.0	0.3

11.0 kilometers. +61/-69 meters

Type	Note	Dist	Next
→	RIGHT @ stg X	120.2	9.3
!	!!Level crossing!!	129.6	0.4
↑	SO (LEFT then RIGHT) @ stg X \$ BLACKTHORN	130.0	1.0
→	RIGHT @ T \$ BLACKTHORN B4011	131.0	0.6
←	LEFT \$ BLACKTHORN	131.6	0.1
↑	LEFT (SO) on RH bend into Lower Rd	131.7	0.6
→	RIGHT on LH bend into Weir Ln	132.4	0.2
←	LEFT @ T	132.6	0.2
→	RIGHT @ T !!Busy - A41!! then...	132.8	0.0
←	Imm LEFT \$ MARSH GIBBON	132.8	9.6
↑	RIGHT then LEFT @ stg X \$ STEEPLE CLAYDON	142.4	6.8
←	LEFT @ T \$ Buckingham	149.2	0.3
→	1st RIGHT \$ VERNEY JUNC & WINSLOW	149.5	4.2

29.5 kilometers. +174/-130 meters

Type	Note	Dist	Next
↑	SO (1ex) @ mRBT into Vicarage Rd	153.6	0.3
✍	CONTROL: WINSLOW [FREE] - collect receipt   12:09-16:47   83km to next CONTROL	153.9	0.0
→	RIGHT @ X onto A413	153.9	0.2
←	Left onto Sheep St/A413	154.1	0.7
←	LEFT \$ SWANBOURNE B4032	154.8	3.0
←	LEFT \$ Stewkley & D PARSLOW B4032. CH on left	157.9	2.2
→	RIGHT @ T \$ DRAYTON PARSLOW B4032	160.1	1.6
←	LEFT \$ DRAYTON PARSLOW	161.7	2.2
↑	SO @ X \$ Bletchley	163.9	2.9
↑	SO (2ex) @ RBT \$ M Keynes !!A4146 - dual carriageway 1km!!	166.9	1.1
→	RIGHT (3ex) @ RBT \$ Stoke Hammond	168.0	0.8
←	1st LEFT \$ Gt Brickhill	168.8	1.7

19.4 kilometers. +87/-125 meters

Type	Note	Dist	Next
→	RIGHT @ T \$ Gt Brickhill	170.6	0.6
←	1st LEFT into John Horncapps Ln	171.2	0.8
↑	LEFT (SO) @ T	171.9	1.2
→	RIGHT @ T \$ WOBURN	173.1	0.3
←	LEFT (1ex) @ RBT \$ London & WOBURN	173.4	2.9
←	LEFT @ T \$ WOBURN	176.3	1.1
↑	SO @ X \$ Woburn Abbey crossing A4012. PH opp	177.4	0.3
!	!!Cattle grid!!	177.7	2.1
!	!!Cattle grid!!	179.8	6.2
↑	SO (2ex) @ RBT \$ Ampthill - cont. SO to A507	186.0	1.0
→	RIGHT (2ex) @ RBT \$ Ampthill & SHEFFORD A507 !!Busy!! - follow to	187.0	11.6
↑	SO (2ex) @ RBT \$ SHEFFORD	198.6	1.0
↑	SO (2ex) @ mRBT	199.6	0.2
→	RIGHT @ TL \$ CLIFTON. PH opp	199.8	0.4

31.0 kilometers. +191/-249 meters

Type	Note	Dist	Next
←	LEFT (1ex) @ mRBT \$ CLIFTON	200.3	1.7
←	LEFT on RH bend \$ Scenic route. PH opp	202.0	0.5
→	RIGHT @ X \$ HENLOW	202.5	1.1
←	LFET (1ex) @ mRBT onto Langford Rd	203.5	1.7
→	RIGHT (2ex) @ mRBT \$ EDWORTH	205.2	0.6
↑	SO (2ex) @ mRBT along Cambridge Rd	205.8	2.7
←	LEFT (1ex) @ RBT \$ The South & EDWORTH	208.5	0.7
→	RIGHT @ T \$ Edworth & DUNTON	209.2	3.7
→	RIGHT (3ex) @ RBT \$ DUNTON & EYEWORTH becoming B1042	212.9	12.0
↑	SO (2ex) @ RBT \$ CAMBRIDGE A603 - follow to	224.9	14.9
←	LEFT @ TL	239.8	0.2
↑	SO (1ex) @ RBT \$ Abbey. ServStn on left	240.1	0.3

40.2 kilometers. +177/-206 meters

Type	Note	Dist	Next
→	RIGHT @ TL	240.4	0.1
!	!!Bollards!!	240.5	0.3
←	LEFT on RH bend \$ NCN11	240.8	0.3
→	RIGHT \$ NCN11 into St Marys St OWS imm after Gt St Marys CH	241.1	0.2
←	LEFT following OWS - cont. SO crossing River Cam	241.3	0.1
✍	CONTROL: CAMBRIDGE [FREE] - collect receipt   15:38-22:52   21km to next CONTROL	241.4	0.6
↑	SO @ TL into Castle St. Crossing Ring road A1303	242.0	0.4
→	RIGHT @ dbl TL \$ Ring road & HISTON then...	242.4	0.1
←	Imm fork LEFT \$ HISTON B1049	242.5	3.4
i	Follow NCN51 to ST IVES in 16km !!Pedestrians, gates/bollards & crossings!!	245.9	16.3
↑	SO @ crossing following NCN51 crossing A1096	262.2	0.1

22.1 kilometers. +53/-55 meters

Type	Note	Dist	Next
↑	SO !!Rejoin road!! follow thru market place	262.2	0.4
←	LEFT \$ NCN51 (dead end). Banks opp	262.6	0.0
✍	CONTROL: ST IVES [FREE] - collect receipt   16:31-00:25   175km to next CONTROL	262.7	0.0
←	LEFT @ T into Bridge St	262.7	0.8
→	RIGHT @ X \$ NCN51 into Hemingford Rd	263.5	1.9
←	LEFT @ stg [x] \$ NCN51 into Brags Ln. PH on right	265.4	0.3
→	RIGHT \$ HEMINGFORD ABBOTS	265.7	1.4
↑	SO (dead end) \$ Common Ln	267.0	1.1
↑	SO \$ NCN51 onto shared path !!Gate!!	268.1	0.8
←	LEFT after !!gate!! \$ NCN51 rejoining road	268.9	1.2
→	RIGHT @ T	270.1	1.2
←	LEFT (1ex) @ mRBT into Causeway	271.3	0.2

9.1 kilometers. +33/-32 meters

Type	Note	Dist	Next
→	1st RIGHT @ [x] \$ THE OFFORDS B1043	271.5	4.3
→	RIGHT \$ BUCKDEN	275.8	0.1
!	!!Level Crossing!!	276.0	2.8
←	LEFT @ X \$ Cycle route	278.8	0.2
→	RIGHT (2ex) @ RBT \$ KIMBOLTON B661 !!Crossing A1!!	279.0	7.0
→	RIGHT @ [x]. FH on left	286.0	1.8
→	RIGHT @ T \$ KIMBOLTON B645	287.8	17.5
↑	SO (2ex) @ RBT \$ HIGHAM FERRERS B645 !!Crossing A6!!	305.3	0.7
←	LEFT (1ex) @ mRBT \$ Town centre & RUSHDEN	306.0	1.6
→	RIGHT @ TL into Washbrook Rd	307.6	0.1
↑	SO @ TL	307.7	0.6
↑	SO @ TL \$ IRCHESTER B569. Crossing A5001	308.3	3.6
→	RIGHT (2ex) @ mRBT \$ W'boro B570	311.9	1.6

40.6 kilometers. +329/-253 meters

Type	Note	Dist	Next
→	RIGHT (2ex) @ RBT \$ W'boro A509	313.5	1.0
←	LEFT (1ex) @ RBT \$ Kettering A509	314.5	0.3
→	RIGHT (3ex) @ RBT \$ GT DODDINGTON onto Turnells Mill Ln	314.8	0.9
←	LEFT @ T \$ GT DODDINGTON & EARLS BARTON	315.8	5.4
→	RIGHT @ T \$ Mears Ashby B573	321.2	0.9
←	LEFT @ TL \$ NORTHAMPTON A4500 - follow to town centre	322.1	9.9
→	RIGHT @ TL \$ Mkt Harboro & follow Rugby signs SO thru TLs becomes A4500	331.9	2.1
→	RIGHT @ TL \$ Rugby A4500 - follow SO @ TL/RBTs exiting Northampton	334.0	1.5
↑	SO (2ex) @ RBT \$ KISLINGBURY A45(00) - follow SO thru TLs to next RBT	335.5	2.7

23.7 kilometers. +224/-190 meters

Type	Note	Dist	Next
←	LEFT (1ex) @ RBT \$ KISLINGBURY & BUGBROOKE B4525	338.2	4.0
→	RIGHT @ grn \$ Nether Heyford	342.2	2.5
→	RIGHT (SO) on LH bend	344.6	0.2
→	RIGHT @ T \$ Weedon A5	344.8	0.4
←	1st LEFT	345.2	0.9
←	LEFT (SO) @ T \$ Farthingstone	346.1	3.2
↑	SO @ X	349.3	1.0
↑	SO @ X	350.3	2.3
!	!!Gravel potholes etc!! at bottom of descent	352.7	1.4
→	RIGHT @ T \$ PRESTON CAPES	354.0	1.0
←	LEFT @ grn \$ WOODFORD HALSE. Mast on left	355.0	2.6
→	RIGHT @ T then...	357.7	0.1
→	Imm RIGHT \$ BYFIELD & UPPER BODDINGTON	357.8	3.1

22.3 kilometers. +242/-172 meters

Type	Note	Dist	Next
→	RIGHT (3ex) @ dbl mRBT \$ UPPER BODDINGTON & WORMLEIGHTON. Crossing A361	360.9	5.5
→	RIGHT @ T	366.4	3.5
↑	SO (RIGHT then LEFT) @ stg X \$ FERRY COMPTON. Crossing A423	369.9	2.0
→	RIGHT @ T \$ Banbury	371.9	0.1
→	RIGHT @ T \$ Knightcote	372.0	0.1
←	LEFT @ T \$ Knightcote	372.1	2.7
→	RIGHT (SO) on LH bend	374.8	3.6
→	RIGHT @ X then...	378.4	0.2
←	LEFT (1ex) @ RBT \$ KINETON	378.6	3.9
↑	SO (2ex) @ RBT \$ KINETON	382.5	0.3
↑	SO (2x) @ mRBT	382.8	0.4
→	RIGHT \$ Wellesbourne B4086	383.3	0.1

25.5 kilometers. +149/-213 meters

Type	Note	Dist	Next
←	1st LEFT \$ BUTLERS MARSTON & THE PILLERTONS	383.4	5.9
→	RIGHT @ T \$ Stratford A422	389.3	0.4
←	1st LEFT \$ HALFORD	389.7	2.8
←	LEFT @ T \$ Cirencester (Fosse Way) B4455 & HALFORD	392.4	0.3
↑	SO (1ex) @ RBT \$ Cirencester (Fosse Way) A429 & HALFORD	392.8	1.1
→	RIGHT @ grn \$ ARMSCOTE & ILMINGTON	393.8	0.5
↑	SO @ X \$ ARMSCOTE & ILMINGTON. Crossing A3400	394.3	4.3
→	RIGHT @ T \$ Stratford & MICKLETON	398.7	0.1
←	1st LEFT on RH bend \$ Admington & MICKLETON	398.8	5.8
↑	SO (1ex) @ mRBT \$ Cheltenham B4632	404.6	0.9
→	RIGHT (2ex) @ mRBT \$ Cheltenham B4632	405.5	6.9

22.2 kilometers. +174/-190 meters

Type	Note	Dist	Next
←	LEFT (1ex) @ mRBT \$ Cheltenham & BROADWAY B4632	412.4	1.5
↑	SO (2ex) @ RBT \$ BROADWAY	413.9	1.3
→	RIGHT (2ex) @ mRBT \$ TI onto High St	415.2	0.9
←	LEFT \$ Winchcombe B4632	416.1	16.2
↑	SO (2ex) @ RBT \$ TEWKESBURY A46 !!Busy!!	432.3	2.4
↑	SO @ TL along A46	434.6	2.2
✍	CONTROL: ASHCHURCH [FREE] (alt Tewksbury) - collect receipt   23:28-12:35   74km to ARRIVEE	436.8	0.5
↑	SO (2ex) @ RBT \$ TEWKESBURY A438 !!M5 junction!!	437.3	0.4
↑	SO @ TL along A438	437.7	1.2
↑	SO @ TL \$ TOWN CENTRE	438.9	0.2
↑	SO @ TL	439.1	0.7
↑	SO (1ex) @ mRBT \$ GLOUCESTER A38	439.8	2.1

34.3 kilometers. +114/-173 meters

Type	Note	Dist	Next
→	RIGHT (2ex) @ RBT \$ GLOUCESTER A38 - follow to	442.0	12.8
↑	SO (2ex) @ RBT \$ CITY CENTRE A38 !!Crossing A40!!	454.7	0.8
↑	SO (2ex) @ RBT \$ CITY CENTRE !!Busy - A417!!	455.5	0.9
↑	SO @ TL \$ CITY CENTRE. Crossing A430	456.4	0.2
→	RIGHT (2ex) @ mRBT into Pedestrian Area \$ Cycle Route. Continue SO thru shared space areas	456.6	0.6
↑	Continue SO at end of shared space with Southgate House on left	457.2	0.3
↑	SO (2ex) @ mRBT \$ Bristol	457.5	0.2
↑	SO @ TL then imm continue SO at fork and next TLs to A430	457.7	2.8
←	LEFT @ TL using middle lane \$ QUEDGELEY B4008 !!Busy - A430 & A38!!	460.5	0.2

20.7 kilometers. +70/-81 meters

Type	Note	Dist	Next
→	RIGHT @ TL & continue SO along B4008 thru QUEDGELEY	460.7	3.8
→	RIGHT (3ex) @ RBT \$ Bristol A38 - follow SO until Thornbury TLs	464.5	28.4
↑	SO @ dbl TL then...	492.8	0.1
←	Imm LEFT \$ GROVESEND / THE SLAD	493.0	2.8
→	RIGHT @ T \$ EARTHCOTT	495.8	1.6
↑	RIGHT then LEFT @ stg X \$ HAMBROOK	497.4	5.6
←	LEFT @ TL \$ Yate & HAMBROOK then...	503.0	0.1
→	Imm RIGHT @ TL \$ BRISTOL & HAMBROOK B4427	503.2	1.5
→	RIGHT @ T \$ BRISTOL & FRENCHAY B4058	504.7	0.5
↑	SO @ TL \$ FRENCHAY B4058 - follow SO to M32 junc !!Busy - A4174!!	505.2	4.5
!	!!Filter into M32 exit-slip!!	509.7	0.1

49.2 kilometers. +321/-318 meters

Type	Note	Dist	Next
↑	SO (2ex) @ RBT \$ Eastgate Centre & EASTON	509.7	0.1
←	LEFT labelled LOCAL TRAFFIC !!imm before M32 on-slip!!	509.8	0.6
→	RIGHT @ TL onto Stapleton Rd A432	510.4	0.1
←	1st LEFT into St Marks Rd. PH on right	510.5	0.2
→	2nd RIGHT @ [x] into Berwick Rd. Gardon of Easton on right	510.7	0.0
✍	ARRIVEE: EASTON - 19 Berwick Rd   19 Berwick Rd   02:26-17:46	510.7	0.0
📍	End of route	510.7	0.0

1.0 kilometers. +4/-7 meters