

Type	Note	Dist	Next
📍	Start of route	0.0	0.0
✍️	DEPART: CHEPSTOW - Bulwark Community Centre   04:00 05:00 06:00   72km to next CONTROL	0.0	0.1
←	LEFT into Sycamore Ave	0.1	0.1
→	RIGHT @ T. PB on right	0.2	0.3
↑	RIGHT then LEFT @ stg X into Fair View	0.5	0.6
→	RIGHT (3ex) @ RBT \$ Tintern A466 !!Xing A48!!	1.2	0.7
↑	SO @ TL	1.8	0.8
←	LEFT \$ USK B4235. Shop on left	2.6	18.9
→	RIGHT @ T \$ USK onto A472	21.5	2.0
→	RIGHT \$ ABERGAVENNY onto B4598	23.5	10.0
←	LEFT @ T \$ ABERGAVENNY B4598	33.5	5.5
←	LEFT @ T \$ all traffic then...	39.0	0.0
→	Imm fork RIGHT - effective RBT	39.1	0.3

39.1 kilometers. +438/-423 meters

Type	Note	Dist	Next
→	RIGHT (3ex) @ RBT \$ ABERGAVENNY A40	39.4	1.9
←	LEFT @ TL \$ Brecon A40 - follow to A479. Serv on right	41.2	12.5
→	RIGHT \$ TALGARTH A479. PH on right	53.8	16.3
→	RIGHT (2ex) @ RBT \$ BRONLLYS A479	70.1	1.6
↑	SO (2ex) @ RBT \$ BRONLLYS	71.7	0.4
→	RIGHT @ T. PH on right	72.1	0.4
←	Fork LEFT imm before T then...	72.5	0.1
✍️	Imm CONTROL: BRONLLYS - Honey Cafe   2h24-4h48   57km to next CONTROL	72.5	0.1
←	LEFT @ T then...	72.6	0.1
←	Imm LEFT @ T \$ Builth Wells A479	72.7	0.5
←	1st LEFT \$ Builth Wells A479 - follow becomes A470	73.2	3.8

34.1 kilometers. +374/-314 meters

Type	Note	Dist	Next
→	RIGHT \$ BOUGHROOD onto B4350. PH on right	77.0	0.3
←	1st LEFT \$ Painscastle	77.3	7.3
←	LEFT @ T \$ Aberedw onto B4567	84.6	9.2
←	LEFT @ T \$ Builth Wells A481 - follow to A483	93.9	1.5
←	LEFT @ T \$ RHAYADER A483	95.4	0.7
↑	SO (2ex) @ RBT \$ RHAYADER A470	96.1	20.7
↑	SO @ X \$ Aberystwyth A470	116.8	14.7
→	RIGHT (2ex) @ RBT \$ LLANIDLOES A470	131.5	6.4
←	LEFT \$ Tylwch B4518	137.9	0.9
✍️	CONTROL: LLANIDLOES [free] - collect receipt   4h38-9h16   20km to next CHECKPOINT. 65km to next CONTROL	138.8	0.8
←	LEFT (1ex) @ RBT \$ STAYLITTLE & MACH' B4518	139.5	0.1

66.3 kilometers. +646/-576 meters

Type	Note	Dist	Next
←	1st LEFT \$ STAYLITTLE & MACH' B4518	139.7	13.2
←	LEFT \$ MACH'	152.8	6.0
✍️	CHECKPOINT: MACH' MOUNTAIN ROAD - Cadair Viewpoint   5h18-10h36   45km to next CONTROL	158.9	11.5
←	LEFT @ X \$ NCN8 onto A489	170.4	0.5
→	RIGHT @ T \$ Dolgellau A487	170.9	20.3
←	LEFT @ T \$ Dolgellau A470	191.2	4.4
↑	SO (1ex) @ RBT \$ Portmadog A470	195.5	2.1
←	LEFT (1ex) @ RBT \$ Tywyn A493	197.7	4.3
←	Sharp LEFT \$ YHA !!Low gear!!	201.9	1.4
←	LEFT	203.3	0.0
✍️	CONTROL: nr DOLGELLAU - Kings YHA   6h48-13h36   28km to next INFO. 62km to next CHECKPOINT. 89km to next CONTROL	203.4	0.0

63.8 kilometers. +1246/-1299 meters

Type	Note	Dist	Next
→	RIGHT @ T	203.4	1.4
←	LEFT @ T onto A493	204.8	6.6
→	RIGHT on LH bend \$ Morfa Mawddach	211.3	0.4
→	Fork RIGHT @ Snowdonia boundary then...	211.8	0.0
←	Imm LEFT onto Mawddach Trail SP !!Pedestrians - possible sand & slippery wooden bridge ahead!!	211.8	2.0
←	LEFT rejoining road onto A496	213.8	0.8
→	RIGHT @ T along OWS A496	214.6	0.1
←	LEFT - OWS ends A496	214.6	16.2
→	Fork RIGHT \$ HARLECH B4573 becomes A496 again	230.8	0.8
✍	INFO: HARLECH - see brevet   34km to next CHECKPOINT. 61km to next CONTROL	231.6	8.5
←	LEFT \$ PENRHYNDEUDRAETH	240.1	1.8
→	RIGHT \$ BEDDGELERT	241.9	0.1

38.6 kilometers. +422/-527 meters

Type	Note	Dist	Next
↑	SO @ X \$ BEDDGELERT A4085	242.0	0.9
!	!!Oblique Level Xing!!	243.0	8.8
→	RIGHT @ T \$ BEDDGELERT onto A498	251.7	2.4
→	RIGHT on LH bend \$ Capel Curig along A498. PH opp, imm after bridge	254.2	12.0
↑	Cont. SO past junc to CHECKPOINT	266.1	0.1
←	LEFT into Pen y Gwryd Hotel 2nd car park	266.3	0.0
✍	CHECKPOINT: PEN Y GWRYD HOTEL [junc before Pen y Pass] - 2nd car park   8h52-17h44   27km to next CONTROL   U-turn	266.3	0.0
→	RIGHT exiting car park	266.3	0.1
→	1st RIGHT \$ LLANBERIS A4086	266.4	13.7
→	RIGHT (2ex) \$ Bangor A4244	280.1	5.6
↑	SO (2ex) @ RBT \$ Bangor B4547	285.6	2.7

43.7 kilometers. +798/-698 meters

Type	Note	Dist	Next
→	RIGHT @ T \$ Bangor B4547	288.4	0.7
←	LEFT (1ex) @ RBT \$ Holyhead A487	289.0	1.0
→	RIGHT (3ex) @ RBT \$ Bangor A487	290.0	0.4
↑	SO (2ex) @ RBT \$ MENAI BRIDGE	290.4	1.7
←	LEFT (1ex) @ RBT \$ MENAI BRIDGE A5	292.1	0.6
↑	SO (1ex) @ RBT \$ Holyhead A5	292.7	0.2
✍	CONTROL: MENAI BRIDGE - Menai Heritage Thomas Telford Centre   9h46-19h32   99km to next CONTROL   U-turn	292.9	0.1
↑	SO (3ex) @ RBT \$ Bangor A5	293.0	0.6
↻	RIGHT (2ex) @ RBT \$ Caernarfon A487 - follow retracing to B4547	293.6	3.0
→	RIGHT (3ex) @ RBT \$ Y FELINHELI B4547	296.7	0.8
↑	SO \$ Y FELINHELI	297.5	4.2

11.9 kilometers. +119/-116 meters

Type	Note	Dist	Next
↑	SO (2ex) @ RBT \$ Bethel	301.7	1.5
↑	SO (2ex) @RBT \$ Yst Ddiw	303.3	1.7
←	LEFT @ T \$ BEDDGELERT A4086	304.9	0.4
→	1st RIGHT \$ BEDDGELERT	305.3	2.0
←	LEFT (1ex) @ RBT \$ BEDDGELERT A4085	307.3	17.5
→	RIGHT over bridge becoming A498	324.8	2.4
←	LEFT \$ MAENTWROG A4085	327.3	8.7
!	!!Oblique Level Xing!!	336.0	1.0
↑	SO @ X \$ HARLECH	337.0	0.1
←	LEFT @ T \$ HARLECH	337.1	1.8
→	RIGHT @ T \$ HARLECH A496	338.9	3.1
→	RIGHT \$ HARLECH & BARMOUTH A496	342.1	23.2
→	RIGHT \$ NCN 8 & BARMOUTH BRIDGE SP !!Pedestrians - possible sand & slippery wooden bridge ahead!!	365.3	2.0

67.8 kilometers. +757/-763 meters

Type	Note	Dist	Next
→	RIGHT rejoining road then...	367.3	0.0
←	Imm LEFT along road	367.3	0.4
→	RIGHT @ T onto A493. Mem opp	367.7	2.5
!	TL lane control !!SINGLE FILE - Lights may change against you as climbing!!	370.3	8.9
→	RIGHT \$ TONFANAU	379.2	2.9
→	RIGHT onto SP !!Bollards!! 400m after Tonfanau Stn	382.1	2.9
←	LEFT @ T \$ town centre	385.0	0.7
↑	RIGHT (SO) @ T \$ ABERDYFI A493	385.8	6.5
→	RIGHT into parking. PB on left	392.2	0.1
✍	CONTROL: ABERDYFI - Village Hall   13h04-26h08   95km to next CONTROL	392.3	0.1
→	RIGHT @ T exiting onto A493	392.4	16.8
←	LEFT @ T \$ Dollgellau A487	409.1	0.3

43.8 kilometers. +525/-503 meters

Type	Note	Dist	Next
→	1st RIGHT \$ LLANWRIN onto B4404	409.4	7.5
←	LEFT @ T \$ Newtown A489	416.8	0.6
→	RIGHT (2ex) @ RBT \$ Newtown A470	417.4	12.7
!	TL lane control !!SINGLE FILE - Lights may change against you as climbing!!	430.1	12.0
←	LEFT \$ LLANWNOG & ABERHAFESP B4568	442.1	11.3
→	RIGHT (3ex) @ RBT \$ TOWN CENTRE B4568	453.4	0.7
→	RIGHT @ TL \$ Llandrindod Wells	454.1	0.4
←	LEFT @ TL \$ Llandrindod Wells	454.5	0.8
←	LEFT (1ex) @ RBT - 7.5T max \$	455.2	3.2
←	LEFT @ T onto A483	458.4	0.8
↑	Fork 2nd LEFT (SO) on RH bend \$ KNIGHTON B4355	459.3	27.5
←	LEFT @ T \$ town centre then...	486.8	0.1

77.7 kilometers. +1009/-835 meters

Type	Note	Dist	Next
←	Imm LEFT into Offa's Dyke Centre	486.9	0.0
✍	CONTROL: KNIGHTON - Offa's Dyke Centre (open from 09:00 - if earlier stamp in green box by door)   16h14-32h28   57km to next CONTROL	486.9	0.0
←	LEFT exiting	487.0	0.6
→	Fork RIGHT \$ PRESTEIGNE B4355	487.6	2.8
→	RIGHT \$ WHITON & WALTON B4357	490.4	2.8
!	!!GW lane control on descent!!	493.2	0.1
↑	SO @ X \$ EVENJOB & WALTON B4357	493.3	8.1
←	LEFT @ T \$ Leominster !!A44!!	501.4	4.7
→	RIGHT \$ KINGTON	506.1	0.5
→	RIGHT \$ BRILLEY	506.7	11.1
↑	RIGHT (SO) onto A438 !!Steep descent on approach - blind left!!	517.8	5.4

31.0 kilometers. +499/-591 meters

Type	Note	Dist	Next
←	LEFT @ ^ [x] \$ HAY ON WYE B4351	523.2	2.1
→	RIGHT @ T \$ Brecon B4350	525.2	0.6
←	LEFT \$ NCN 42 & CAPEL Y FFIN	525.8	13.0
!	!!Poor surface after Capel y Ffin and again after newly surfaced 'Landslip Corner!!	538.8	5.4
→	RIGHT @ ^ opp Prioory !!Gravel!! then...	544.2	0.0
✍	Imm CONTROL: LLANTHONY - Treat's Camping & Cafe - continue through gate (open from 09:00 - if earlier photo Treat's sign on gate)   18h08-36h16   39km to next INFO. 62km to ARRIVEE	544.2	0.0
→	RIGHT rejoining road	544.3	9.7
←	LEFT @ T \$ Hereford. PH on right	554.0	0.3
←	LEFT @ T \$ Hereford !!A465!!	554.2	0.2
→	1st RIGHT \$ Grosmont	554.5	5.4

36.7 kilometers. +589/-561 meters

Type	Note	Dist	Next
→	RIGHT \$ COLD ASH	559.9	4.5
←	LEFT @ T \$ Skefrith B4521	564.4	1.2
→	1st RIGHT @ [x] \$ MONMOUTH	565.6	2.9
→	RIGHT @ T \$ MONMOUTH onto B4347	568.5	6.2
↑	LEFT (SO) @ T onto B4233	574.7	1.8
↑	SO (1ex) @ RBT	576.6	0.6
↑	SO (2ex) @ RBT	577.2	0.3
↑	SO (1ex) @ RBT \$ Town centre	577.5	0.2
↑	LEFT (1ex) @ RBT. PH on right	577.7	0.0
!	!!Pedestrinas - Bollards!!	577.7	0.1
↑	LEFT (SO) @ T !!Bollards!!	577.8	0.7
→	RIGHT @ TL \$ Leisure Centre	578.5	0.2
←	LEFT on OWS \$ Leisure Centre	578.8	0.1
→	2nd RIGHT \$ Canoeing !!Easily Missed!!	578.9	0.1

24.4 kilometers. +169/-394 meters

Type	Note	Dist	Next
→	RIGHT adjacent River Wye	579.0	0.2
!	!!Dismount 25m!! & fork LEFT back to road	579.1	0.0
←	LEFT rejoining road onto A466 !!Take Care!!	579.2	0.2
→	RIGHT (2ex) @ mRBT \$ TINTERN & CHEPSTOW A466 - follow to A48 RBT	579.4	4.0
✍	INFO: REDBROOK - Village Stores & PO - see brevet   23km to ARRIVEE	583.4	21.5
↶	LEFT (2ex) @ RBT \$ Aust NCN !!Before 09:00 1ex BP Serv on right!!	604.9	0.6
↑	RIGHT then LEFT @ stg X into Maple Ave	605.5	0.4
←	LEFT \$ BULWARK COMMUNITY CENTRE	605.9	0.1
→	RIGHT @ T onto Laburnum Way	606.1	0.1
✍	ARRIVEE: CHEPSTOW - Bulwark Community Centre   09:00-40h00	606.1	0.0
📍	End of route	606.1	0.0

27.2 kilometers. +406/-368 meters