

Type	Note	Dist	Next
✍	DEPART: EASTON - 19 Berwick Rd 06:00 65km to next CONTROL	0.0	0.1
➔	RIGHT @ T onto A432	0.1	0.3
➡	LEFT @ TL along Stapleton Rd	0.4	0.1
↑	SO @ island using shared path with road on right !!Skateboarders!!	0.5	0.3
↑	SO xing road following shared path on opposite side !!Side roads!!	0.7	0.2
↘	Xing road before RBT !!RBT exit!!	0.9	0.0
➡	LEFT @ Ped xing	0.9	0.0
↑	SO @ ped xing rejoining road on RBT \$ SOUTHMEAD onto B4469 !!M32 slip!!	1.0	0.1
➔	Fork RIGHT @ TL \$ SOUTHMEAD along B4469 - follow SO to A38	1.1	2.4
➔	RIGHT @ TL \$ Gloucester A38 - follow SO to M5 RBT	3.5	6.8

3.5 kilometers. +78/-16 meters

Type	Note	Dist	Next
↑	SO (2ex) @ RBT \$ Thornbury A38 !!M5 junc!!	10.3	1.9
↑	SO @ TL along A38	12.2	0.3
➡	1st LEFT \$ TOCKINGTON & OLVESTON	12.5	1.9
➡	Fork LEFT (SO) on RH bend \$ AUST	14.3	0.1
➡	LEFT @ T \$ AUST	14.5	3.1
↑	LEFT (SO) @ T onto B4461	17.6	1.7
➔	RIGHT imm before RBT using shared path round opp side	19.2	0.1
➡	Cross SERV road & LEFT onto Severn Bridge Path	19.3	4.5
➡	LEFT xing road and cont. LEFT \$ NCN4	23.8	1.7
➡	LEFT @ end of path rejoining road	25.5	0.1
➔	RIGHT (3ex) @ RBT \$ Tintern A466 !!Busy!!	25.6	1.4
➡	LEFT \$ USK B4235. Shop on left	27.0	18.9

23.5 kilometers. +140/-144 meters

Type	Note	Dist	Next
➔	RIGHT @ T \$ USK onto A472	46.0	2.0
➔	RIGHT \$ ABERGAVENNY onto B4598	47.9	7.3
➡	LEFT imm after Llanfair Kilgeddin \$. PB opp	55.2	1.7
↑	SO @ X \$ LLANELLEN. PB on left	56.9	4.6
↑	SO @ X. Xing A4042. Shop opp	61.5	0.1
➔	RIGHT @ X onto B4269	61.6	3.0
➡	LEFT (1ex) @ mRBT \$ GOVILON B4246	64.6	3.7
↑	SO (2ex) @ RBT \$ GILWERN A4077	68.2	1.5
➔	RIGHT \$ Crickhowell A4077	69.7	5.1
↑	SO @ TL \$ LLANGYNIDR & TALYBONT ON USK B4558	74.8	12.2
✍	CONTROL: TALYBONT ON USK [FREE] - collect receipt 08:54-11:48 93km to next CONTROL	87.0	6.8
➡	LEFT \$ BRECON !!A40 - dual carriageway ahead!!	93.9	1.2

66.8 kilometers. +522/-410 meters

Type	Note	Dist	Next
↑	SO (2ex) @ RBT \$ BRECON B4601 - cont. SO to centre	95.0	2.3
➡	Fork LEFT following OWS	97.3	0.3
➡	LEFT @ T into Ship St. End of OWS	97.6	0.1
↑	SO @ TL \$ CRADOC	97.7	3.4
➡	LEFT \$ ABERYSCIR & ABERBRAN	101.1	10.9
➡	LEFT @ T then...	112.0	0.1
↑	Imm RIGHT (SO) on LH bend \$ TRECASTLE	112.1	2.2
➔	RIGHT @ ▲ T onto !!A40!!	114.3	2.3
➡	1st LEFT \$ Llanddeusant. PH opp	116.6	15.0
➡	Fork LEFT \$ Llan y fan imm after PB	131.6	1.4
!	!!Steep descent - Sharp bends!!	133.0	0.9
➔	RIGHT @ T	133.9	0.2
➔	RIGHT @ T onto A4069	134.1	3.4

40.3 kilometers. +546/-574 meters

Type	Note	Dist	Next
←	LEFT \$ BETHLEHEM. PB opp	137.6	3.0
←	LEFT @ T \$ FFAIRFACH	140.6	7.2
↑	SO @ LT \$ LLANARTHNE A476 !!Xing A483!!	147.8	1.0
→	RIGHT \$ LLANARTHNE & CARMARTHEN B4300	148.8	20.7
→	RIGHT @ T along B4300	169.5	0.7
↑	SO (2ex) @ RBT \$ TOWN CENTRE A484 !!Xing A40 dual carriageway!!	170.3	0.3
→	RIGHT (2ex) @ RBT \$ TOWN CENTRE A484	170.5	0.3
←	LEFT @ TL \$ A40 West - follow to	170.8	0.9
↑	SO (2ex) @ RBT \$ JOHNSTOWN !!A40 - dual carriageway!!	171.6	0.7
←	LEFT \$ JOHNSTOWN & LLANSTEFFAN B4312	172.3	0.4
→	RIGHT @ TL \$ LLANSTEFFAN B4312	172.7	11.4

38.5 kilometers. +266/-323 meters

Type	Note	Dist	Next
←	Sharp LEFT @ [x] on LH bend \$ VILLAGE CENTRE & BEACH. BS on right	184.1	0.7
✍	CONTROL: LLANSTEFFAN [FREE] - collect receipt 12:08-18:16 110km to next CONTROL	184.8	0.7
→	RIGHT @ X \$ CARMARTHAN B4312	185.4	11.5
←	LEFT \$ Llandeilo !!A40 - dual carriageway ahead!!	197.0	0.7
↑	SO (2ex) @ RBT \$ Town centre A4242 - cont. SO to TL	197.7	1.0
→	RIGHT @ TL \$ Llanelli A484	198.7	0.2
←	LEFT (1ex) @ RBT \$ Llanelli A484	198.9	0.2
↑	SO (3ex) @ RBT \$ Llangynwr B4300 !!Xing A40 dual carriageway!!	199.0	0.8
←	LEFT \$ LLANARTHNE B4300	199.8	20.7
←	LEFT @ T onto A476	220.6	1.0
↑	SO @ TL \$ BETHLEHEM !!Xing A483!!	221.6	7.2

49.0 kilometers. +368/-353 meters

Type	Note	Dist	Next
→	RIGHT \$ RHYDSAINT	228.8	3.0
→	RIGHT @ T onto A4069. PB on left	231.8	1.8
i	ROAD CLOSED 09:30-15:30 - use outward route if returning before then	233.6	0.2
←	1st LEFT \$ TRECASTLE	233.8	18.1
→	RIGHT @ T \$ Brecon !!A40!!	251.9	17.3
↑	SO (2ex) @ RBT \$ Abergavenny !!A40 - dual carriageway!!	269.2	4.0
→	RIGHT (3ex) @ RBT \$ Abergavenny !!A40 - dual carriageway!!	273.1	1.4
←	LEFT @ T \$ PENCELLI along B4558	274.6	19.1
←	LEFT @ TL \$ CRICKHOWELL onto A4077	293.7	0.6
✍	CONTROL: CRICKHOWELL [FREE] - collect receipt 15:46-01:32 75km to next CONTROL	294.3	0.0

72.7 kilometers. +776/-788 meters

Type	Note	Dist	Next
→	RIGHT @ T \$ ABERGAVENNY !!A40!! - follow to and thru	294.3	10.0
→	RIGHT @ TL \$ Monmouth along !!A40!! Serv opp	304.4	0.4
←	LEFT along !!A40!!	304.7	1.4
←	LEFT (2ex) @ RBT \$ Monmouth A40	306.1	0.4
←	1st LEFT \$ USK B4598	306.5	5.6
→	RIGHT \$ USK B4598	312.0	10.0
←	LEFT @ T \$ Newport onto A472	322.1	1.9
←	LEFT \$ GWERNESNEY & CHEPSTOW B4235	323.9	19.0
→	RIGHT @ T \$ Bristol A466	342.9	1.3
←	LEFT (2ex) @ RBT \$ AUST NCN4	344.2	0.2
→	RIGHT onto SP \$ NCN4 - follow across Severn Bridge	344.4	6.1
→	RIGHT @ T rejoining road \$ Avon cycleway	350.5	0.1
←	LEFT (1ex) @ RBT \$ Thornbury B4461	350.6	0.1

56.3 kilometers. +452/-524 meters

Type	Note	Dist	Next
!	!!Use cycle lane on left!!	350.7	0.1
←	LEFT (SO) along B4461 using cycle lane	350.8	1.5
→	RIGHT on LH bend \$ OLVESTON & TOCKINGTON	352.3	3.2
→	RIGHT \$ Almondsbury	355.5	2.0
→	RIGHT @ T \$ BRISTOL A38 - follow 9km !!Busy!!	357.5	8.9
←	LEFT @ TL \$ EASTVILLE B4469 - follow to M32 RBT	366.4	2.5
→	RIGHT (3ex) @ RBT \$ EASTON !!M32 Junc - Busy!!	368.9	0.2
←	Exit RBT \$ Mosque !!imm before M32 slip!!	369.1	0.5
→	RIGHT @ TL onto A432	369.6	0.1
←	1st LEFT \$ Easton Jamia Masjid into St Marks Rd. PH opp	369.7	0.2
→	2nd RIGHT @ [x] into Berwick Rd. Garden of Easton on right	369.9	0.0

19.3 kilometers. +185/-183 meters

Type	Note	Dist	Next
✍	CONTROL: EASTON - 19 Berwick Rd 18:18-06:36 37km to next CONTROL Bang on the door or give me a call (number in brevet)	370.0	0.1
←	LEFT @ T onto A432	370.1	0.6
←	LEFT @ TL \$ all traffic onto !!A4320 - dual carriageway!! - follow to A4 TL	370.7	2.8
↑	SO @ 2x TL \$ Bath !!A4!!	373.5	0.3
→	Use ped xing at end of park - RIGHT into King's Rd	373.8	0.6
↑	SO @ X \$ NCN3 Whitchurch Way - follow to A37	374.4	4.6
←	LEFT @ T onto !!A37!! then...	379.0	0.1
→	Imm LEFT \$ NORTON MALREWARD	379.1	2.2
←	2nd LEFT @ ^ \$ NORTON MALREWARD & CHEW MAGNA	381.3	2.1
→	RIGHT @ T \$ CHEW MAGNA & STOKE B3130	383.3	2.9

13.4 kilometers. +146/-115 meters

Type	Note	Dist	Next
←	LEFT \$ CHEW STOKE B3114	386.3	7.1
↑	SO @ X \$ CHEDDAR. Xing A368	393.4	1.2
→	RIGHT @ [x] \$ CHEDDAR	394.6	0.5
←	1st LEFT @ [x]	395.1	1.9
↑	SO @ X \$ CHEDDAR B3371. Xing B3134	397.0	3.6
→	RIGHT @ T \$ CHEDDAR GORGE onto B3135	400.6	5.4
↑	SO (1ex) @ RBT \$ CHEDDAR VILLAGE B3135	406.0	0.5
→	RIGHT @ T \$ Village Centre onto A371. Market X on left	406.6	0.1
✍	CONTROL: CHEDDAR [FREE] - collect receipt 19:32-09:04 82km to next CONTROL	406.7	0.1
↑	LEFT (SO) on RH bend \$ WEDMORE B3151. Mem opp	406.8	0.6
↑	LEFT (SO) @ T along B3151	407.5	5.9

24.1 kilometers. +259/-312 meters

Type	Note	Dist	Next
←	LEFT @ T into Billing's Hill along B3151 imm before mRBT	413.4	6.1
→	Fork RIGHT on LH bend \$ SHAPWICK	419.5	6.1
←	LEFT @ T \$ Glastonbury !!A39!! then...	425.5	0.1
→	Imm RIGHT \$ PEDWELL & HIGH HAM. PH opp	425.6	1.0
→	RIGHT @ T \$ Taunton A361 then...	426.6	0.1
←	Imm LEFT \$ Animal Rescue Centre into Nythe Rd	426.7	9.6
→	RIGHT @ T \$ LANGPORT B3153	436.3	0.6
↑	SO (3ex) @ RBT \$ LANGPORT A372	436.9	4.5
←	LEFT @ [x] onto B3168. Serv on left	441.4	9.8
↑	RIGHT (SO) on LH bend \$ Ilton	451.2	2.2
←	1st LEFT \$ Chard	453.4	1.6
→	RIGHT @ T \$ BROADWAY !!A358!! then...	454.9	0.1

47.5 kilometers. +379/-372 meters

Type	Note	Dist	Next
←	Imm LEFT \$ BROADWAY	455.0	1.5
←	LEFT into Goose Ln. Mem X opp	456.5	0.6
↑	SO @ X \$ CROCK STREET	457.1	1.6
→	RIGHT @ X \$ Sticklepath	458.8	2.4
↑	RIGHT then LEFT @ ▲ stg X \$ Taunton	461.2	0.7
↑	SO @ ▲ X \$ Chard	461.8	2.4
→	RIGHT @ ▲ T \$ Honiton A30	464.2	1.2
←	1st LEFT \$ Membury	465.4	1.6
→	RIGHT @ T \$ Membury	467.0	9.3
↑	RIGHT (SO) on LH bend \$ KILMINGTON	476.2	1.2
→	RIGHT @ T \$ Honiton onto B3261	477.4	0.4
→	RIGHT @ T \$ Honiton !!A35!!	477.8	0.8
←	1st LEFT @ [x] \$ WHITFORD	478.6	3.3
→	RIGHT @ T \$ COLYTON	481.9	0.2

26.9 kilometers. +359/-387 meters

Type	Note	Dist	Next
←	1st LEFT \$ COLYTON	482.0	3.9
→	RIGHT @ T \$ SEATON A3052	485.9	0.3
←	LEFT \$ SEATON. PO opp	486.2	2.6
←	LEFT \$ Beer	488.9	0.1
←	2nd LEFT !!Easily missed!!	488.9	0.0
↑	LEFT (SO) @ T into OWS	489.0	0.1
✍	CONTROL: SEATON [FREE] - collect receipt 22:16-14:32 82km to next CONTROL	489.1	0.0
↑	SO (2ex) @ RBT \$ Sea Front into OWS	489.1	0.3
↑	RIGHT (SO) @ T along Esplanade. OWS ends	489.4	0.5
→	RIGHT @ X onto B3172	489.9	3.3
↑	RIGHT then LEFT \$ MUSBURY & AXMINSTER A358. Xing A3052	493.2	7.0
→	RIGHT (3ex) @ RBT along A358	500.2	0.5
←	LEFT \$ Taunton A358	500.7	0.6

18.8 kilometers. +198/-176 meters

Type	Note	Dist	Next
←	LEFT (1ex) @ RBT \$ Taunton A358	501.3	1.1
←	LEFT @ TL after xing bridge	502.4	2.8
→	Fork RIGHT \$ BRINSCOMBE	505.2	3.0
←	LEFT @ T	508.2	0.4
→	RIGHT @ T	508.6	3.1
←	3rd LEFT	511.7	1.6
→	RIGHT @ T onto A30	513.3	1.1
←	1st LEFT @ ▲ \$ Taunton	514.4	2.4
↑	SO on LH bend then SO @ X \$ Sticklepath	516.8	0.7
↑	RIGHT then LEFT @ ▲ stg X \$ HORTON	517.5	2.4
←	1st LEFT @ [x] \$ HORTON	519.9	1.6
↗	Fork RIGHT @ X \$ BROADWAY. PH on right	521.5	0.6
→	RIGHT @ T onto Broadway Rd	522.1	1.5
→	RIGHT @ T \$ Ilton !!A358!! then...	523.7	0.1

23.0 kilometers. +304/-306 meters

Type	Note	Dist	Next
←	Imm LEFT \$ Ilton	523.7	3.7
↑	LEFT (SO) @ T \$ Isle Abbots onto B3168	527.5	9.8
→	RIGHT @ X onto A378. Serv on right	537.2	4.5
↑	LEFT (1ex) @ RBT into Wearne Ln	541.7	0.6
↑	RIGHT (SO) @ T	542.2	0.1
←	1st LEFT	542.4	0.2
→	RIGHT @ ▲	542.6	0.8
←	LEFT @ T	543.3	8.0
→	RIGHT @ T \$ Street A361 then...	551.3	0.1
←	Imm LEFT into Pedwell Hill	551.4	1.0
←	LEFT @ T \$ Bridgwater !!A39!! PH on right then...	552.4	0.1
→	Imm RIGHT \$ SHAPWICK & WESTHAY	552.5	6.1
↑	LEFT (SO) @ T \$ WEDMORE & CHEDDAR B3151	558.6	6.1
→	RIGHT @ T \$ Wells	564.6	5.9

41.0 kilometers. +367/-374 meters

Type	Note	Dist	Next
→	Fork RIGHT on LH bend \$ Leisure Centre	570.6	0.6
↑	RIGHT (SO) @ T \$ CHEDDAR GORGE A371. Mem on left	571.2	0.1
✍	CONTROL: CHEDDAR [FREE] - collect receipt 01:00-20:00 37km to ARRIVEE	571.3	0.1
←	LEFT \$ GORGE B3135. Market X opp	571.5	0.5
↑	SO (2ex) @ mRBT \$ GORGE onto B3135	572.0	5.5
←	Fork LEFT into B3371	577.4	3.6
↑	SO @ X \$ W. Harptree. Xing B3134	581.1	1.9
→	RIGHT @ X	583.0	0.5
←	LEFT @ X \$ W. Harptree	583.4	6.9
→	RIGHT (2ex) @ mRBT \$ CHEW MAGNA B3114	590.3	1.5
→	RIGHT @ T \$ Stanton Drew B3130	591.8	2.9
←	LEFT imm after Serv on left	594.7	2.1

30.1 kilometers. +323/-289 meters

Type	Note	Dist	Next
→	RIGHT @ ▲ T \$ WHITCHURCH	596.8	2.2
←	LEFT @ T onto !!A37!! then...	599.0	0.1
→	Imm RIGHT \$ Queen Charlton then...	599.1	0.0
←	Imm LEFT into Sleep Ln	599.1	8.5
→	RIGHT @ 2nd [x] into St Marks Rd	607.5	0.3
←	LEFT imm after bridge along St Marks Rd !!Cycle Contraflow!!	607.9	0.2
←	2nd LEFT @ [x] into Berwick Rd. Garden of Easton opp	608.0	0.0
📍	End of route	608.0	0.0

13.3 kilometers. +40/-141 meters